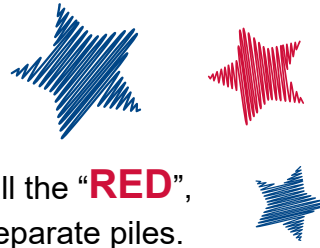


Fourth of July Family Food Challenge

Create a colorful meal based on Red, White and Blue!



1. Print a sheet for each family member and have them write the name of a food that matches each color.



2. Cut out each person's foods, fold in half, and combine so all the "RED", all the "WHITE" and all the "BLUE" foods are in three separate piles.

3. Randomly draw 1 folded paper from each color pile. Or, draw two from each color pile for a bigger challenge!

4. Now the fun part – work together to create a meal using each of the ingredients that were chosen. For inspiration, type an ingredient name into the recipe search on mypricechopper.com/fresh-dish/recipes.

Name one RED food:

Name one WHITE food:

Name one BLUE food:

Name one RED food:

Name one WHITE food:

Name one BLUE food:

Name one RED food:

Name one WHITE food:

Name one BLUE food:

Name one RED food:

Name one WHITE food:

Name one BLUE food:

Name one RED food:

Name one WHITE food:

Name one BLUE food:

